

Mud Kitchens

A mud kitchen is an outdoor pretend cooking area and can be as simple or elaborate as you like, somewhere for your children to use their imaginations and get messy!

If you are lucky enough to have an outdoor space for children to play, they can use mud, grass, stones, leaves and flowers to create an imaginary culinary feast.

You could take an old toy kitchen outside or create one out of old boxes, bricks, bits of wood or garden furniture. If you have any old kitchen appliances, pots, pans, bowls, cutlery... anything you can spare (even an old microwave with the power cord cut off) can be put to good use.

Old clothes, aprons and wellies are a good idea because once you add in some water this could get REALLY messy!

