

# Fun Arts and Crafts Activities

## Shadow Drawing

For this simple activity all you need is:

- A pen/pencil
- Plain paper
- A source of light e.g. daylight from a window, a lamp or torch
- Interesting objects to draw - toys, ornaments, plants or anything that can create a shadow landscape of your liking

To create a shadow, the light needs to come from behind the object/s you will be drawing, and the paper needs to be placed in front.

- Lay the paper on a flat surface in front of the light.
- Place the objects in-between the light and paper. Draw around the outline of the shadow that the objects casts onto the paper.
- Now decorate the object you have drawn on the paper any way you like!

## Simple Salt Dough

Salt dough is the DIY equivalent to air-dry clay. It is made from a few inexpensive ingredients and can be used to make ornaments and decorations. To make it, you will need:

- 1 cupful of plain flour
- Half a cupful of table salt
- Half a cupful of water

Preheat the oven to its lowest setting and line a baking sheet with baking parchment, if you have it. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball. Transfer the dough to a floured work surface and shape into your chosen model. You can roll it out and cut out shapes, numbers or letters using biscuit cutters, or make any kind of model you can think of. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid. Leave to cool and you can then paint the shapes if you like!

Source: [BBC Good Food](#)



## No Cook Play Dough

You will need:

- A large bowl
- 3 cups of flour
- 1 cup of salt
- 2 teaspoons of oil
- Food colouring
- Freezer bags or an air tight container

Method:

In the large bowl add together 3 cups of flour, 1 cup of salt, 1 cup of cold water, 2 teaspoons of oil and food colouring of your choice. Mix all the ingredients together and knead the dough until you get the texture just right - not too hard or soft. To keep your play dough fresh, you need to prevent the surrounding air from drying it out, so make sure you store it in a plastic container or freezer bags.

